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Determination of Annual Gonadal Dose Equivalent Arising from Natural Radioactivity in Soil of Ika North East Local Government Area of Delta State, Nigeria

Eseka, K., Molua, O.C. and Upkene, O.A.
College of Education, Agbor, Delta State Nigeria

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Abstract: The radiometric survey of soil samples collected from some communities in Ika North-East local Government area of Delta State, Nigeria were investigated using gamma-ray [NaI(Tl)] Spectroscopy. The average activity concentration of ^{40}K , ^{238}U and ^{232}Th in soil samples from the selected communities were $512.43 \pm 1.91 \text{ Bqkg}^{-1}$, $37.49 \pm 2.44 \text{ Bqkg}^{-1}$ and $29.46 \pm 2.42 \text{ Bqkg}^{-1}$ respectively. By comparing with recommendation standard, it was observed that the obtained average results of ^{40}K and ^{238}U exceeded the standard value limit of 400 Bqkg^{-1} and 30 Bqkg^{-1} respectively. The calculated radiological hazard values were lower than the world average standard except for the annual gonadal dose equivalent that exceeded the world average value by 33.3%. Therefore in conclusion, exposure to the soils in these communities will pose little or no health problem to the inhabitants in these communities

Corresponding author: moluaogom@hotmail.com

Introduction

Soil gives a direct source of radioactivity in food chain as a result of its uptake by agricultural produce (Hasan *et al.*, 2014). These various radionuclides detect their way into meat, aquatic life and even milk. With these one can say that soil is a major source of radionuclides to living organism (Jwanbot *et al.*, 2014)

The distribution of radionuclides on earth, their level of concentrations and movements can seriously be affected by the activities of population (Farai *et al.*, 2000). This can cause effects such as harmful consequences on environment and health problems to the populace, either into the body through different metabolic pathways. The natural radioactivity in the environment is the main source of radiation exposure for human being that may come from available natural sources (Hasan *et al.*, 2014). Natural radionuclide in soil contributes a significant amount of the population through inhalation and ingestion. The main contributor of radionuclides includes ^{40}K and ^{232}Th and these naturally radionuclides are not uniformly distributed in soils and vary from environment to environment (Jibiri, 2009)

Materials and Methods

A total of twenty five representative soil samples were collected for the work. The samples were collected with the aid of a hand trowel at a depth range of 0-15cm. At the point of sampling, sampled soil were sealed in a black bag and labeled accordingly to avoid cross contamination of samples. The collected soil samples were then air dried at room temperature and sieved through a fine mesh of about 0.5mm and analysed using NaI (TI) gamma ray spectrometry (Almayahi, 2015). The samples were then packed and sealed in a special container for about 30 days to allow the radionuclides reach secular

equilibrium before spectrometric analysis (Almayahi, 2015).

Gamma Spectrometry Analysis

Each sample was counted for 36,000 seconds so as to achieve minimum counting error in a 7.6 cm x 7.6 cm NaI (TI) detector coupled to a Canberra Series 10 plus Multichannel Analyzer by a preamplifier base (Manigandan and Natrijan, 2014).

The detector has a resolution of about 8% at 0.662 MeV of ^{137}Cs which has the capability of identifying the gamma ray energies used for the acquisition. Measurement of ^{40}K was done at photopeak of 1.460 MeV, that of ^{238}U done from ^{214}Bi at 1.760 MeV photopeak and ^{232}Th done from ^{208}Tl at photopeak 2.614 MeV.

The detector has 25% efficiency and calibration was done using an IAEA-375. Reference soil was supplied by International Atomic Energy Agency (Oregioni and Aston, 1984). The analysis of gamma ray spectrometry used has also been employed by Iqbal *et al.* (2012). The activity concentration of the primordial radionuclides present in the collected soils samples using the equation $C_s = \frac{NE_y \cdot \epsilon E \gamma \cdot M_v \cdot t_c \cdot P_\gamma}{V} \text{ (Bq/kg)}$

Where C_s = Sample concentration, NE_y = net peak area of a peak at energy, $\epsilon E \gamma$ = Efficiency of the detector for a γ -energy of interest, M_v = Sample volume, t_c = total counting time, P_γ = Emission probability of radionuclide of interest (Avwiri *et al.*, 2015)

Absorbed dose rate (D) in ngy yr^{-1} :

$$D = 0.048C_k + 0.446C_u + 0.660C_{Th}$$

where C_k , C_u and C_{Th} are the activity concentration in Bq/Kg for K, U and Th respectively (UNSCEAR 2000)

ii. Annual effective dose h_e

$$H_E = D \times T \times F$$

Where D is the calculated dose rate, T_{out} is outdoor occupancy time = $0.2 \times 24h \times 365.25$, T_{in} is indoor occupancy time = $0.8 \times 24h \times 365.25$, F is the

iii. Radium equivalent activity index (Ra_{eq}); Allows a single index or number to describe the gamma output from different mixtures of U, Th and K from different communities; $Ra_{eq} = C_u + 1.43C_{Th} + 0.077C_K$

where C_k , C_u and C_{Th} are the activity concentration in Bq/Kg for U, Th and k respectively (UNSCEAR 2000)

iv. Annual gonadal equivalent dose (aged) in mSv/yr

$$AGED = 3.09C_u + 4.18C_{Th} + 0.314C_k$$

conversion factor = $0.7 \times 10^{-6} \text{ SvGyh}^{-1}$ (conversion coefficient from absorbed dose in air to effective dose received) (UNSCEAR, 2000)

Where C_u , C_{Th} and C_K are the activity concentrations of U, Th and K in Bq/K (Avwiri *et al.*, 2012)

v. Excess lifetime cancer risk (elcr) in Sv/yr

$$ELCR = AEDE \times DL \times RF$$

Where $AEDE = D \times 8766 \times 0.2 \times 0.7 \times 10^{-6}$, $DL = 70$, $RF = 0.05$

DL is average duration of life (estimated to be 70years)

RF is the risk factor.

Table 1: Specific activity concentration of ^{40}K , ^{238}U and ^{232}Th (Bq/kg) results in soil samples

S/N	Communities	Specific Activity Concentrations In Bq/Kg		
		^{40}K	^{238}U	^{232}Th
1	UTE-ERUMU	493.67±3.63	39.15±1.42	27.35± 3.21
2	UDUMU- ESAH	498.53±2.17	35.10±3.09	32.10± 3.43
3	OWA- ALERO	518.71±3.51	38.13±2.40	30.91± 2.98
4	UMUNEDE	531.30±3.22	36.93±1.60	29.21± 1.10
5	OWA-ALIZOMOR	521.43±1.91	38.15±3.70	27.74± 1.40
	AVERAGE	512.73±2.89	37.49± 2.44	29.46 ± 2.42
	STANDARD	400	35	30

Table 2 : Absorbed dose rate D, outdoor/indoor annual effective dose (E) and Radium equivalent activity Ra_{eq} (Bq/Kg)

S/N	Communities	Absorbed Dose	Outdoor Annual Effective Dose	Indoor annual effective Dose	Radium Equivalent Activity
1	UTE-ERUMU	59.21	0.073	0.291	104.51
2	UDUMU- ESAH	60.77	0.075	0.298	105.59
3	OWA- ALERO	62.30	0.077	0.306	108.98
4	UMUNEDE	61.25	0.075	0.301	107.05
5	OWA-ALIZOMOR	60.31	0.074	0.296	107.10
	AVERAGE	60.77	0.075	0.298	106.67
	STANDARD	60.00	1.000	1.000	370.000

(UNSCEAR, 2000)

Table 3: Annual Gonadal equivalent dose (AGED), Excess lifetime Cancer risk (ELCR)

S/N	Communities	Annual Gonadal equivalent dose (AGED) in mSv/yr	Excess lifetime cancer risk (ELCR) x 10 ⁻³ Outdoor in Sv/yr
1	UTE-ERUMU	390.29	0.254
2	UDUMU- ESAH	399.18	0.261
3	OWA- ALERO	409.89	0.268
4	UMUNEDE	403.03	0.263
5	OWA-ALIZOMOR	397.56	0.260
	AVERAGE	399.99	0.261
	STANDARD (UNSCEAR, 2000)	300.000	0.29 x10 ⁻³

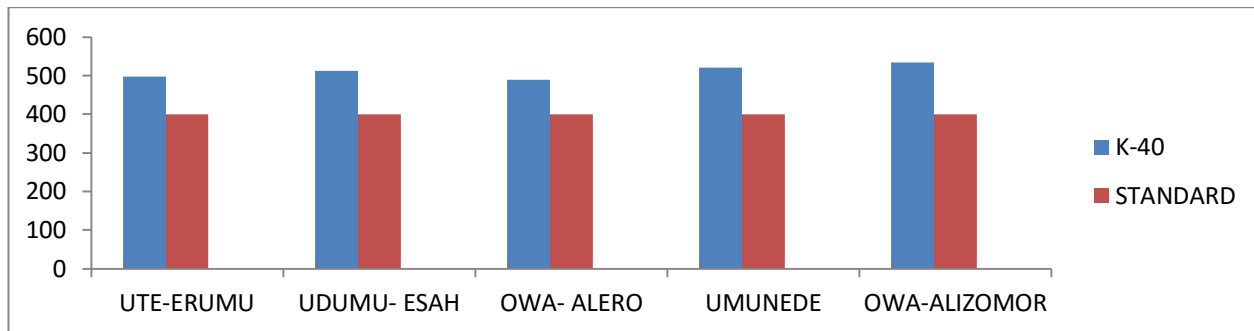


Fig. 1 Comparison of activity concentration of K-40 with UNSCEAR STANDARD

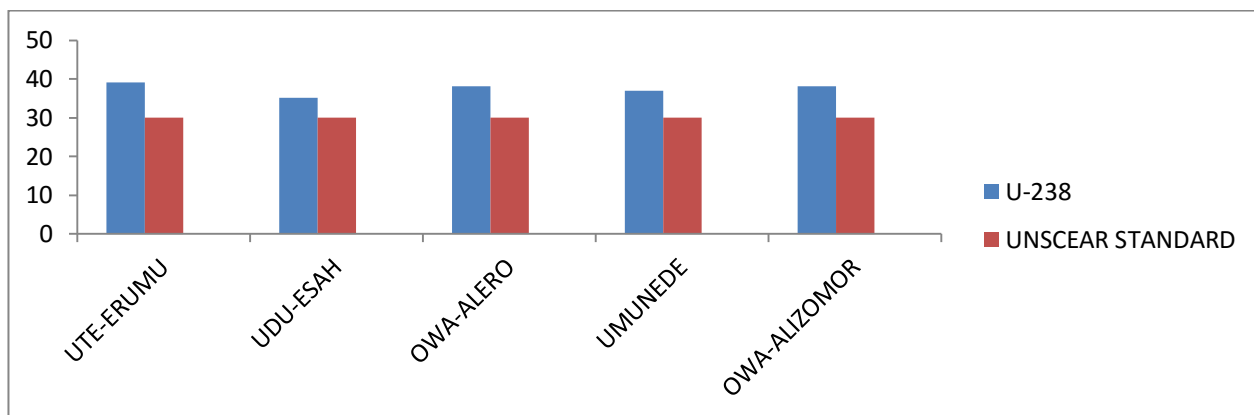


Fig. 2 Comparison of activity concentration of U-238 with UNSCEAR STANDARD

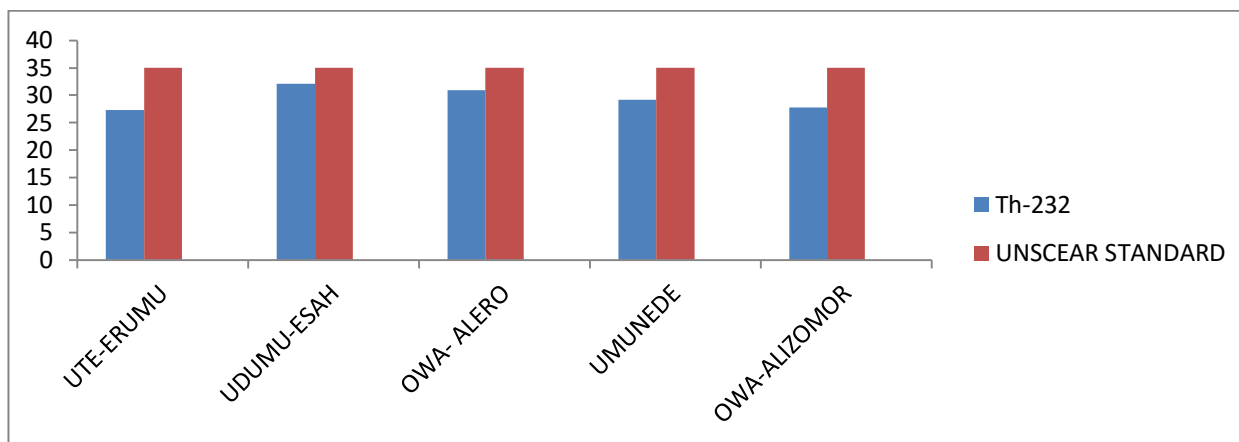


Fig. 3 Comparison of activity concentration of Th-232 with UNSCEAR STANDARD

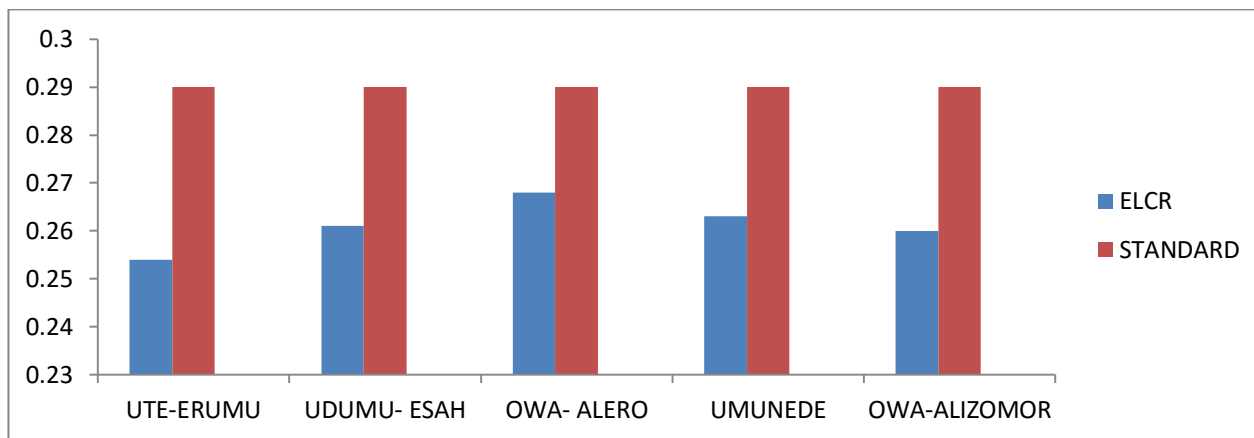


Fig. 4: Comparison of ELCR with UNSCEAR STANDARD.

Discussion

The result showed that there are low level of activity concentration in the studied locations except for ^{40}K and ^{238}U which are a little above the world recommended standard. The average activity concentrations of ^{40}K , ^{238}U and ^{232}Th are 512.43 ± 1.91 Bq/Kg, 37.49 ± 2.44 Bq/Kg and 29.46 ± 2.42 Bq/Kg. Despite the relatively high activity levels of K and U, one can conclude that exposure to the soil will may not pose much health problem to the people in the area.

The average annual gonadal equivalent dose (AGEDE) was found to exceed the world standard value by 33.3% as recommended by UNSCEAR (2000). This value poses a relatively high level of threat to sensitive organs like the gonad, thyroid (Jwanbot *et al.*, 2012). Average excess lifetime cancer risk from this study is found to be lower than the world average standard of 0.29×10^{-3} (Jibiri *et al.*, 2007). This indicates that the chances of

developing cancer by the people of the area is insignificant.

Beside, this study has shown that the indoor/outdoor annual effective dose together with its radium equivalent dose is all lower than the world standard value of unity (Ramasamy *et al.*, 2009). This indicates that the values will not lead to radiation diseases such as skin cancer, lungs cancer, cataracts.

The mean absorbed dose obtained in the study ($60.77.00$ nGy h^{-1}) is very much comparable to the world standard (55 nGy h^{-1}). The calculated radiological health indices including the excess life time cancer risk are within the acceptable limit.

In conclusion, the soil of Ika North-East does not expose the people to much health problem and as such the soil is considered safe radiologically

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